

ZEBEDEE'S LUNCH BOX

NURSERY MENU

MENU A

MONDAY

Chicken, Broccoli & Leek Gratin
Raspberry Jelly & Pineapple Pieces

TUESDAY

Beef Chilli Pasta
Summer Fruit Crumble with Custard

WEDNESDAY

Beanie Shepherds Pie
Blackcurrant Yoghurt

THURSDAY

Roast Ham, New Potatoes
& Mixed Vegetables
Raspberry Ripple Ice Cream

FRIDAY

Tuna & Mackerel Neapolitan Pasta
Bananas & Custard

MENU B

MONDAY

Organic Soya & Vegetable Spaghetti
Bolognese with Grated Cheese
Mediterranean Fruit Salad

TUESDAY

Sausage, Celeriac & Apple Mash
& Baked Beans
Strawberry Yoghurt

WEDNESDAY

Chicken & Tomato Macaroni Pasta Bake
Chocolate & Orange Sponge
with Chocolate Custard

THURSDAY

Salmon, Leek & Celery Pie
with Carrots & Sweetcorn
Peaches & Pears

FRIDAY

Meatballs, New Potatoes &
Tomato Vegetable Gravy
Banana Mousse

MENU C

MONDAY

Turkey & Vegetable Stew
Mandarin Yoghurt

TUESDAY

Tuna & Tomato Basil Pasta
with Grated Cheese
Cherry Sponge with Custard

WEDNESDAY

Lamb Moussaka
Raspberry Frozen Yoghurt

THURSDAY

Chicken & Ham Pie
Summer Fruit Salad

FRIDAY

Pork Goulash
with New Potatoes
Chocolate Mousse

If you have any comments or suggestions or require more information
contact us via our website at: www.zebedees.co.uk



ZEBEDEE'S LUNCH BOX

WELCOME TO ZEBEDEE'S

Zebedee's specialise in providing hot nutritious meals for your child to enjoy at nursery.

Our menus are designed and balanced so that they meet current government legislation from the Department for Education & Skills and are approved by a local council and their dietician.



Vegetable designs by children at Elm Grove School, Littlehampton

Our menus operate on a 3 weekly cycle and are changed seasonally. We use only high quality ingredients to make our dishes, which are freshly prepared each day.

We believe that children should receive guidance to put healthier eating into practice. A varied and balanced diet with plenty of fruit and vegetables helps to promote proper growth and development.

All of our meals are cooked using healthy methods. We do not deep fry any of our food and we do not add oil, sugar or salt to our dishes.

We hope your child enjoys their lunch.

For further information and a full menu breakdown please visit our website:

WWW.ZEBEDEES.CO.UK

